

ADOLESCENT MEDICINE
HEADACHE IN ADOLESCENTS

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Abstract: Headache is a common complaint in adolescents seeking medical advice. Primary headache is more common at this age and migraine is the commonest among them. However, detailed clinical evaluation is required to rule out secondary causes. This article focuses on the approach to adolescent headache with specific emphasis on migraine.

Keywords: Headache, Migraine

Points to Remember

- *Primary headache is more common than secondary headache during adolescence, with migraine being the commonest.*
- *Evaluation requires detailed history, HEEADSSS screening and physical examination to differentiate primary from more serious secondary causes.*
- *Treatment of migraine should be individualized based on the individual and headache characteristics.*
- *Secondary headache needs detailed evaluation with imaging and other investigations.*

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