

**FEVER****SYMPTOMATIC MANAGEMENT OF FEVER****\*Yagnesh Popat****\*\*Swati Popat**

**Abstract:** *Fever is a normal response in many conditions, the most common of which is infection. Treatment of fever may be helpful if the child is uncomfortable and includes both pharmacological and non-pharmacological therapy. Recommended antipyretic is paracetamol according to the child's age and weight. Simultaneously the cause of the fever should be evaluated and treated accordingly.*

**Keywords:** *Fever, Antipyretics, Treatment, Children, Paracetamol.*

**Points to Remember**

- *Fever is just symptom and not a disease.*
- *Antipyretics are used to reduce the discomfort associated with fever.*
- *Paracetamol and ibuprofen are the antipyretics of the choice.*
- *Counsel parents to on the proper dose of the antipyretics and to avoid fever phobia.*

**References**

1. Piyush Gupta, Vikram Bhaskar, Ravishankara M, Bishwajit Mishra. IAP guidelines for parents: Fever general management, 2021. Available from <https://iapindia.org/pdf/IAP-Guidelines-for-Fever.pdf>.
2. Mark A Ward. Patient education: Fever in children (Beyond the Basics). Uptodate, version number Mar 23, 2020. <https://www.uptodate.com>.
3. Chiappini E, Bortone B, Galli L, de Martino M. Guidelines for the symptomatic management of fever in children: systematic review of the literature and quality appraisal with AGREE II. *BMJ open* 2017; 7(7):e015404.
4. Avner JR, Baker MD. Management of fever in infant and children. *Emerg Med Clin North Am* 2002; 20(1): 49-67.

---

\* Chairperson-Infectious Disease Chapter of IAP- 2021

\*\* Director,  
Om Baby care Hospital,  
Rajkot.  
email:ombabycare@hotmail.com