

GENERAL ARTICLE

CAREER GUIDANCE FOR PEDIATRICIANS

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Abstract: Pediatrics is one of the most sought after branches amongst medical undergraduates. That said, the struggles and difficulties of establishing oneself as a successful pediatrician, after postgraduation, is not child's play. Pediatricians, at various points in life, are left at crossroads, as they even try to shift focus away from Pediatrics, as their career, owing to various compelling circumstances. This article focuses on ways and means to better oneself as a pediatrician and also the spread of other career options available to them.

Keywords: Pediatrics practice, Subspecialities, Foreign assignments, Work-life balance.

Points to Remember

- *Pediatrics, as such is a blessed work irrespective of the place or position.*
- *Immediately after the MD or DNB pediatric i.e a second tier course pursuing a superspeciality course always compromise the life mile stones, which are more precious than the career.*
- *Accepting any compulsory postings, though appear to be stressful, it has its own advantages.*
- *Taking up a foreign assignment as job or postgraduate career depends on the country and one should weigh the pros and cons and also decide whether it is a short term or long term career.*
- *Community practice is not a bad option provide one choose a right place where local support is available.*
- *Whatever the career one choose, basic sacred qualities of a pediatrician can be always performed in all the situations.*
- *Many of the pediatricians balance life mile stones and career options, giving priority to the first one.*

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