

NEPHROLOGY - I

ACUTE KIDNEY INJURY - CLASSIFICATION AND MANAGEMENT

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Abstract: Acute kidney injury is one of the common complications in critically ill children with increasing incidence. The criteria, 'pediatric reference change value optimized for AKI in children' defines acute kidney injury as an increase in serum creatinine of $\geq 20 \mu\text{mol/L}$ with an increase of $\geq 30\%$ within 7 days. Evaluation involves the early detection of at risk patients with the help of biomarkers and renal angina index. Early acute kidney injury is managed by maintaining euvoolemia, sustaining normotension, avoiding nephrotoxicity and treating concomitant sepsis. Advanced acute kidney injury needs renal replacement therapies such as continuous renal replacement therapy or sustained low-efficiency dialysis in hemodynamically unstable patients using special and conventional hemodialysis machines respectively. Peritoneal dialysis is adopted for small children with difficult vascular access. Survivors of acute kidney injury need long term monitoring of renal functions.

Keywords: Acute kidney injury, Classification, Renal replacement therapy, Hemodialysis.

Points to Remember

- *Microcirculatory dysfunctions is an important mechanism of renal injury, where there is normal or increase in global renal blood flow rather than reduced renal perfusion.*
- *pROCK criteria gives a newer definition of staging of AKI based on rise in serum creatinine value over a 7 day period, and it is less sensitive than KDIGO criteria.*
- *Renal angina index and biomarkers play a crucial role in predicting severe AKI.*
- *Conservative management of AKI includes fluid management, e.c. restricting or liberal fluids based on fluid status, avoiding nephrotoxic drugs, correcting dyselectrolytemias and hyperuricemia.*
- *Renal replacement therapy is indicated in a fluid overloaded state with oliguria, dyselectrolytemias (when not medically controlled) and hypercatabolic state.*
- *Modality of RRT is chosen depending on the age, hemodynamic stability, need for solute removal, cost and duration of RRT.*

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