GENERAL ARTICLE

TUBERCULOSIS PREVENTIVE TREATMENT - PERSPECTIVES

*Vijayasekaran D **Gowrishankar NC ***Somu Sivabalan **Kalpana S

Abstract: Children in contact with sputum-positive adults with tuberculosis are often infected with Mycobacterium tuberculosis, and once infected, are at a higher risk of progression to active tuberculosis disease than adults. Preventive therapy for tuberculosis remains a key element in the armamentarium against TB elimination efforts. Such treatment has been expanded to include children with exposure to drug sensitive as well as drug resistant cases. This article discusses the preventive therapy currently recommended and the eligible children for such therapy.

Keywords: Preventive therapy, Tuberculosis, Drug resistance, Children.

- * Senior Consultant Pediatrician and Pulmonologist, Apollo Hospitals.
- ** Head, Department of Pediatrics, Mehta Multispeciality Hospitals India Pvt Ltd.
- *** Senior Consultant Pediatrician and Pulmonologist, Rainbow Children's Hospital.
 - Associate Professor of Pediatrics, Institute of Child Health and Hospital for Children, Madras Medical College, Chennai.

email: drskalpana@yahoo.co.in

Points to Remember

- The risk of progression of tuberculosis infection to disease is higher in children, which can be effectively mitigated by appropriate TB preventive therapy.
- Testing for tuberculous infection is not mandated in all age groups who are exposed to infectious cases, to start preventive therapy.
- Shorter TB preventive therapy regimens are available in drug sensitive tuberculosis.
- Newer treatment regimens have been proposed for preventive therapy against drug-resistant tuberculosis.

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