

INBORN ERRORS OF METABOLISM - II

ROLE OF LIVER TRANSPLANT IN CHILDREN WITH INBORN ERRORS OF METABOLISM - INDICATIONS AND OUTCOMES

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Abstract: *Inborn errors of metabolism (IEMs) represent one of the major indications for pediatric liver transplantation, particularly when conventional dietary and medical therapies fail to prevent metabolic instability or progressive organ damage. Liver transplant not only replaces failing hepatic function but also corrects specific enzyme deficiencies central to disorders such as urea cycle defects, maple syrup urine disease, tyrosinemia, organic acidemias, Wilson disease, glycogen storage disorders, Crigler-Najjar syndrome, progressive familial intrahepatic cholestasis and primary hyperoxaluria. Evidence demonstrates that liver transplant provides durable metabolic control, eliminates life-threatening decompensation and permits dietary liberalization, with survival outcomes comparable to non-metabolic indications. Early transplantation mitigates irreversible neurological, cardiac or renal injury and markedly improves growth and quality of life. This review summarizes the pathophysiology, indications and outcomes of liver transplant across major pediatric*

metabolic disorders, emphasizing its pivotal role in long-term metabolic stabilization.

Keywords: *Inborn errors of metabolism (IEM), Pediatric liver transplantation, Metabolic stabilization, Long-term outcomes.*

Points to Remember

- *Liver transplantation serves as a metabolic cure, correcting enzyme deficiencies in liver-related metabolic disorders.*
- *Early liver transplant improves outcomes, preventing irreversible neurological, cardiac, or renal injury in disorders such as UCDs, MSUD, and organic acidemias.*
- *Post-transplant metabolic stability helps in elimination of life-threatening decompensations and normalization of key biochemical parameters.*
- *Quality of life improves substantially, as children can often discontinue strict dietary restrictions and specialized metabolic therapies.*
- *Overall survival and graft outcomes are comparable to non-metabolic transplant indications, supporting LT as a safe and effective long-term solution for selected metabolic diseases.*

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