

IAP - IJPP CME 2018

**SCHOLASTIC BACKWARDNESS
– REMEDIAL STRATEGIES*****Poongodi Bala**

Abstract: *Scholastic backwardness is a growing concern among parents and teachers in the modern competitive world. Prior to assessing the child in detail for academic backwardness, the high expectation of the parents should be dealt with. Poor academic performance can present with somatic symptoms. Co-morbid conditions such as attention deficit hyperactivity disorder (ADHD), autism, behavioural difficulties and emotional difficulties are common in children with scholastic backwardness. It can lead to functional impairment not only to the child but also to the parents. Scholastic backwardness contributes to school dropout and mental health difficulties. Mental health professionals should work closely with pediatricians, parents and schools. Early intervention based on multidisciplinary team approach is essential for better outcomes.*

Keywords: *Scholastic backwardness, Parental counselling, Co-morbid conditions, Remedial strategies.*

Points to Remember

- *Scholastic backwardness is a growing concern among parents, children and teachers.*
- *It can lead to functional impairment of the children and parents.*
- *Management is based on etiology and through multimodal approach.*
- *Management includes special education for children and regular parental counselling. Awareness and support should be offered at school level.*

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* Consultant Child and Adolescent Psychiatrist,
Sri Ramachandra Institute of Higher Education
& Research, Chennai.
email: pooongssk@yahoo.co.uk